



Welcome to the  
**TAMAHERE VISTA**  
May 2024



In recent weeks, we have had a number of new residents move into both Tamahere Eventide and Atawhai Assisi Villages, to enjoy the next phase of their lives in our communities. We warmly welcome you all and look forward to meeting you in the coming weeks – once all that unpacking is completed!

Sadly, with new people moving in, so it is that others have left us. We have had a significant number of residents in hospital and while we wish them a speedy recovery, our thoughts are also with those who have recently died. A wise person told me recently that “grief is the price we pay for loving”. We extend our love and sympathy to all those who are grieving.

This month, our Resident of the Month is Margaret Clow, who has been at Tamahere Village for the past six years. It really is a privilege to sit and hear the stories and experiences of people we live alongside, but know very little about.

For the past year, our Tamahere Vista has included a section, “Assisi News”. Our sister village was, at that stage, in its infancy. Since then, the numbers of villa residents there has increased, the village has its Village Barn and Café, and it has a real sense of community about it. And now, it has the beginnings of its very own newsletter! Congratulations to Allyson for her initiative in working on this. In its early days, the Tamahere Vista was a one pager that Jean Robertson expertly produced for the next eight years - it has grown to being up to twenty pages some months. This issue of the Tamahere Vista is the last with the Assisi News page. We wish Allyson and her team at Assisi every success with their Assisi News.

Have a very happy month – stay warm! These warm days can’t last much longer.

*Carole Fleming (Editor)*

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## Introducing Margaret Clow

Margaret was born in Gore, and for the first three months of her life, lived in Wendon Valley before moving to Waikoikoi in West Otago. She went to a small country school where there weren't many pupils, then on to Gore High School for two years.

On leaving school, Margaret came home to the farm, where she helped in the house where needed, as well as outside on the farm. She was an uncertificated teacher for a year at a local school.

Margaret met Dennis, her husband, following a Presbyterian Bible Class Conference that had been held in Gisborne. After the Conference, they went on an after – Conference tour, which at one point visited Waitomo Caves. This is where they met! Dennis came from Hastings – Margaret from Waikoikoi, so they corresponded for eighteen months. Dennis worked for Royal Insurance, and managed to obtain a transfer to Invercargill. They married, and lived in Invercargill for three years. Their first child, Geoffrey, was born in the Dee Street Maternity Hospital – these days, that is a McDonald fast food place!



About this time, Dennis decided to enter the ministry and they moved to Dunedin where he spent two years at University, and three years at Knox Theological College. Their two daughters, Judith and Catherine, were born while they were in Dunedin.

On completion of his studies, the family moved to Levin where Dennis was the Assistant Minister at St Andrews for 2 years, 8 months, and then on to St Andrews in Marton for the next six years.

Following this, they moved to Auckland, to St Giles in Dominion Road for three years. Previously, Margaret had not worked outside the home as she was busy raising her family, but while in Auckland, she found work as a maid in a motel, then in a local coffee shop.

From Auckland, they moved to St Andrews, Matamata, where they stayed for eleven years. Good years! Margaret worked in a Giftware shop one day each week until she found a job in the office of a bolt-holder – the owner imported bolts of every imaginable size and shape, for on-sale to retail outlets.

Margaret and Dennis then went overseas for a year on a Pulpit- Exchange to Scotland. They spent ten months in Pencaitland, living among the people, in their community, in a 300-year-old house. As an exchange arrangement, that meant everything was exchanged, but to their amusement, one young fellow in the Matamata Bible Class was curious to know if that also meant Margaret stayed behind “in exchange” as well! Dennis was very busy there with marriages and funerals but they managed to travel extensively on their Mondays off while they were there.

On their return to New Zealand, they completed a further year at Matamata, then three years at Thames. In 2001, they retired to Hamilton and initially lived in Freemont Street, Chartwell, then in nearby Blue Cedar Lane. Around the time of this last move, Dennis became unwell and was cared for at St Joan's Hospital for the next four years. Their Hamilton homes were very close to the Chartwell Co-operating Parish, where Margaret has worshipped ever since. She even became their cleaner until moving in to the office there, where she remained for the next ten years.

Margaret is a keen croquet player, still plays. She says it keeps her out in the fresh air, active, thinking and enjoying other peoples' company. For four years while her grand-daughter was a student at Dio, she would come and spend one night each week at Margaret's home. Not only did that provide them both with special time together, it enabled her grand-daughter to go to the Horsham Downs youth Group, which met mid-week.

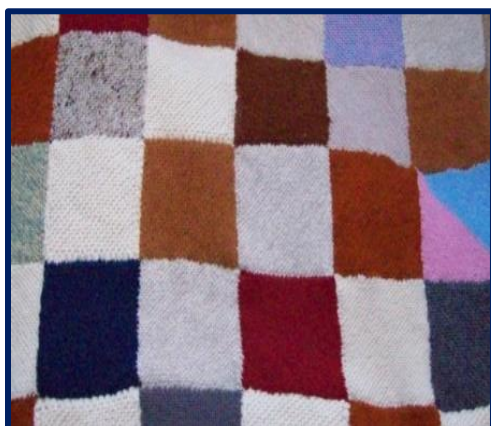
In 2018, Margaret made the move to Tamahere. Her grand-daughter had left Dio, and the house was larger than she needed, besides Tamahere was unlike any other retirement village she knew of. It was spacious, with plenty of green areas, and most importantly, it was run by a church. That was good enough for her!

Since being here, she has continued her association with Chartwell Co-operating Parish, still plays croquet, and goes to Rhebus. She enjoys the exercise group here, the Happy Hours but told me how she misses the social entertainment in the village before Covid changed things.

*Almost every resident I have met and interviewed for this newsletter, has prefaced our conversations with, "But I haven't got anything interesting to tell you." I'm certain you would agree with me that, in every case, this has been untrue.*

*Margaret's story is one of a woman of deep faith, who has travelled extensively and quietly works in the background, supporting her family, and her wider community. I was very interested in her account of their time in Pencaitland, which is very near where my grandmother was born.*

*Thankyou Margaret for choosing to make Tamahere your home too, and for sharing your life with us. May God bless you always.*



**Age Concern Hauraki Coromandel** has put out a call for people to help knit blankets over the next two months to give to senior people in the community who need them.

Age Concern's Jo Sanderson invited people to contribute knitted squares, which must be exactly 17cm x 17cm, which can be either collected by the end of May either as squares or sewn together to create a blanket consisting of eight squares each way.

Using 4mm needles and DK or 8ply yarn of any colour, knitters need to cast on 35 stitches adjusted to create an exact 17cm square, she said. "Get a group of keen knitters together if you can – or just knit yourself," Jo said. "If you are a knitter and would like to knit a square or more, please get in touch with me now."

**Ph: 027 324 0249, or email:  
coordinator@achc.org.net.**

## VILLAGE MANAGER'S COLUMN

### Quote of the Month:

*"It is often the small steps, not the great leaps, that bring about the most lasting change".*

*(The Late Queen Elizabeth II)*



### New Residents

Tamahere	Villa 2	Doreen Brandso
	Villa 41	Barry and Shirley Axon
	Villa 60	Stan Woolston
	Villa 84	Quentin and Jillian Luckey
	Rimu 12	Mike Hamblin
Assisi	Villa 4	Richard and Wendy Hila-Schneebeli
	Villa 20	Joanne Raines
	Villa 21	Patricia Cutforth

1. This last quarter has been the most sales-friendly for Tamahere Eventide, in living memory. Whilst the market in New Zealand for housing has been very volatile, we have continued to see strong demand for the purchase of ORA's that allow the residents' capital growth. We have started to see for the first time in a couple of years, some upward growth in the value of your Villas and Apartments.
2. We continue to apologise for the time that is being taken to find our major water leak. We are losing about 15,000 litres of water each day. We will continue to top up the supply using water tankers where needed, and in an endeavour to ensure that water is available to you in your homes.  
  
It has not always been possible to advise you prior to us turning your water supply off but we have endeavoured to keep these cuts as short as possible.
3. A big thankyou to those residents who have assisted Karen and myself, where we have been short-staffed due to illness. You know who you are. God bless you for your assistance.

**David McGeorge**



## CHAPLAIN'S KORERO

Tēnā koutou e te whānau! Kua ara a Te Karaiti! He pono tonu kua ara i ia!  
Christ is risen! He is risen indeed!

For Christians, Easter is always a special time. On Good Friday we met to hear the story of the death of Jesus. It was a moving time as we looked death and grief in the face and knew God's presence with us still. On Easter Day Barry Neal led a joyful celebration of the rising to life of the suffering Christ, the Christ who walks by our side.



Here at Tamahere we're often aware of the suffering of our neighbours. It's not always easy to know how to respond when we see people in pain. We may be reluctant to intrude or feel inadequate in the face of their hurt.

The writer Kathryn Wallace wrote a lovely reflection on how to be alongside people at such times. Inspired by A.A. Milne's Winnie-the-Pooh books, she imagined Pooh and Piglet visiting their friend Eeyore because they hadn't seen him for some time.

When the friends asked Eeyore if he was okay, he replied that he was feeling "rather Sad, and Alone, and Not Much Fun To Be Around At All." He hadn't bothered them because he knew they wouldn't want to waste their time hanging out with someone who was feeling so glum.

Wallace wrote: "Pooh looked at Piglet, and Piglet looked at Pooh, and they both sat down, one on either side of Eeyore in his stick house. Eeyore looked at them in surprise. "What are you doing?" [he asked]. "We're sitting here with you," said Pooh, "because we are your friends. And true friends don't care if someone is feeling Sad, or Alone, or Not Much Fun To Be Around At All. True friends are there for you anyway. And so here we are."

"Oh," said Eeyore. "Oh." And the three of them sat there in silence, and while Pooh and Piglet said nothing at all; somehow, almost imperceptibly, Eeyore started to feel a very tiny little bit better." Because Pooh and Piglet were There. No more; no less."

Wallace's story is a reminder of the importance of simply being present with people. When there's nothing we can do to change a painful situation, no words to make it better, no easy answers or explanations, we can honour pain by our silent loving presence. We can accompany people and be their companions on a difficult way.

Ngā manaakitanga,

Susan

## NEWS FROM KAREN

Hello everyone –

**Village Outings** – Just a reminder about Village outings – these are on the last Tuesday of each month for Tamahere residents, and on the last Friday of the month for Assisi residents. For more information check the weekly flyer for details.



**Pink Shirt Day** – Make a note on your calendar about this - it's on Friday 17 May. There will be a donation jar at the Café – all proceeds go to Mental Health. This is a way all of us can take a stand and speak out about bullying – wear a pink shirt that day.

I'm busy working in the Cherry Blossom Café during the day. If anyone wants to see me or have a chat, please come and visit me there.

Check out the details on the flyer about the new A La Carte Menu available now at the Cherry Blossom Café. This is in addition to our traditional Wednesday Roast, our other weekly specials and of course freshly prepared food in the cabinet.

Thankyou to all the volunteers who have helped make life easier – it is much appreciated.

Have a very happy May -

**Karen**  
Village Activities Organiser



**My aim is to keep you in your independent Villa or Apartment for as long as possible.**

**I can clean, do washing, make or change beds, organise assistance; in fact, provide care that is not available to you from the Health Department.**

**INTERESTED?? Contact Chris, Karen or David to discuss.**

### **Chris' Housekeeping Tip for the Month**

***Silver is a delicate metal that slowly dulls or tarnishes with time as we all know. To bring back the original lustre in your jewellery, cutlery, and more, try this simple polishing method:***

- ***Cover a baking sheet with aluminium foil, then place your silver on top.***
- ***Cover the silver in very hot water.***
- ***Add several tablespoons of baking soda to the water.***
- ***Allow the mixture to sit for at least one hour. There may be a smell — this is normal.***
- ***Rinse well and scrub dry with a soft towel.***

## News from the Residents' Committee

The AGM went well and was well attended.

We have a new Residents' Committee – let me introduce them to you:



From left to right: Margery Bramwell, Trevor Hornby, Pat Oldman, Gail Antunovich, Helen Painting, Keith Glover, Sal Grant, Jenny Campbell and Lynn Dring.

The Quiz night was a huge success, a lovely fun night with good questions and some entertainment from the ukulele group. Les Oldman sang an old English folk song that was well received. Another evening will be planned later on.

**Keith Glover, Chairperson**

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### **Interesting secrets of reproductive and family life in the animal kingdom!!**

- A baby oyster is called a spat.
- It is the male sea-horse who gets pregnant and delivers the baby.
- Snails mate only once in their lives, but it can take up to 12 hours. Also, their reproductive organs are in their head.
- Some lions mate more than 50 times a day.
- Camels are born without humps.
- A group of rhinos is called a crush.
- The largest eggs in the world are laid by ostriches.
- A group of apes is called a shrewdness.
- The average hen lays 19 dozen eggs a year.
- When a giraffe is born, it falls from a height of 1.8m – usually without being hurt.

### **Answers to puzzle on page 14**

1. Pink
2. Russell
3. 1931
4. 3 – 1950, 1974, 1990
5. Albatross
6. University of Otago, founded by Thomas Burns, nephew of Robert Burns
7. Maui's waka (Canoe)
8. Cobb and Co
9. Maud Basham
10. An oak tree – Hitler gave an oak tree to the winning athletes

## The Assisi News

### The Assisi Café

The Village Barn is home to the Assisi Café. At this stage, it is open Wednesdays – Fridays from 11am until 1pm. Do come and check it out!!



### What's coming up in the Village Barn during May?

- **Crafts** – Mondays at 9.30am – 12.30pm.
- **Fish and Chips and Movie Night** – the second Monday of each month – the next is Monday 13 May
- **Strength and Balance Classes** – Every Tuesday and Thursday at 1.30pm.
- **Games Afternoon** – Every Thursday at 2.15pm
- **Van Trip** – The last Friday of each month – for May this is Friday 24 May at 11.30am.
- **Happy Hour** - The Village Happy Hour is on the first Friday of each month, starting at 3.30pm.
- **Movie Night** – Fridays 7.00pm

### Garden Message from Atawhai Assisi

Welcome to the last month of autumn, and I hope everyone has been enjoying some of the autumn colours that are around. A big **Thankyou** to everyone for your kind words, thoughts and gestures during the difficult time of my mother's illness and death. It was a great comfort to my family and me.

This month will involve getting the gardens weeded, trees trimmed and shaped, plants removed and planted, pot plants tidied and the lawns reseeded and mowed as well as replanting areas on the grey water area.

Again, any queries or questions, you will find me around the site or at the yellow shed out the back.

Take care and see you around.

**Sandra, the Gardener**



### Catholic Mass Times

Wednesdays 10.30am

Saturdays 10.30am

Sundays 10.45am

### Atawhai Assisi Chapel

#### Ecumenical Services

Bible Study, Chapel, 11am - Monday, 6<sup>th</sup> May  
Bible Study, Hata Lounge 3 pm - Mondays 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> May

Combined Church Service, Hospital, McAuley Lounge – 11am Monday 27<sup>th</sup> May

Combined Church Service, Chapel, 11am - Tuesday 28<sup>th</sup> May



## NEWS FROM VILLAGE GROUPS

### The Book Club

All those who are interested in reading books, and learning of the wide range of books read by other residents, are most welcome at the monthly meeting of the Village Book Club.



They meet at 3pm on the second Thursday of each month in the small Lounge in the Community Centre. Their next meeting is Thursday 10 May.

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### Vision Impaired Group

Hello everyone

A special welcome to any new residents, especially if you have eye sight problems. Our Vision Impaired Group meets every Thursday at 10.30 in the Cherry Blossom cafe for a friendly informal get together.

Our monthly meeting is held at 10.30am on the second Thursday of each month in Harakeke down stairs lounge. Morning tea is served, and guest speakers, quizzes etc follow.

We look forward to seeing you soon.

Lyn Pettigrew (Rimu 1)  
Group Co-ordinator

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### Petanque

The group are taking some time out at the moment – watch this space for more details.

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### Knit and Natter Group

Our numbers are picking up again as the weather cools and thoughts turn back to knitting warm things for our charity.



Industrious fingers have continued to contribute peggy squares for our lovely warm cuddly rugs for kids. A new car load will be heading out to Cambridge in the next few weeks to clear our cupboard. Keep knitting!

Gatherings are in the lower Harakeke lounge on Friday mornings at 10. Don't be shy about joining us!

Jill Wilson ph 856 4080  
Helen Painting ph 854 7662

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## Indoor and Outdoor Bowls

Our bowling club has all the equipment necessary for you to play both indoor and outdoor bowls. We welcome and cater for all levels of physical capability, as is appropriate. Come and have a tryout and see if bowls is the game for you. Player safety is our prime concern.



Outdoor bowls is played when the weather and season permits, starting at 9am on Tuesdays and Thursdays. We arrange players into teams ready to begin play at 9.30am sharp. On wet days, when the weather is inclement, we play indoor bowls following the same procedure. We clear an area in the Community Centre for indoor bowls. After bowls we share a free morning tea in the Café.

On Monday evenings, we play indoor bowls at 7pm. This year, when outdoor bowls in the morning has been too hot for the comfort of some players, they have chosen to play in the cool of the evening. This was arranged for play at set times on agreed days.

The character of our bowls is of a very social manner.

**John Grey**

Bowls Facilitator (Villa 108)

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## Pool

We meet on Mondays at 1pm and on Wednesday evenings at 7pm in the Café. We welcome new or previous players. Come and join us.

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## Card Making

Card Making and Craft continues on Mondays 6<sup>th</sup> and 20<sup>th</sup> May in the Café at 10.30am.

Bring your own craft or be creative with card-making. Free materials, or bring your own.

**Margery Bramwell (V37) and Edna Evans (V56)**

Convenors

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Bingo will continue on Thursday afternoons from 1.30pm until 3pm in the library in the Community Centre.

Come and join a very friendly, merry crowd enjoying a social time – chocolates are on offer!

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## Tamahere Global Village

The Village World Affairs Group which started on 7th February is now called **Tamahere Global Village**. We meet on the first Wednesday of each month at 4pm in the Community Centre.

The topics that we discuss and the way that we organise ourselves will be decided at each meeting.

The first meeting demonstrated an interesting range of topics and opinions.

Please contact Gray Southon, Villa 102, Ph 0211 020 977 for further information.

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## **Ukelele Sing-a-long Group**

Don't forget the Ukelele group who meet on Thursday afternoons (but not the last Thursday of the month) at 2.30pm in the Downstairs Lounge in Harakeke, to sing and make music together. If anyone would like to play – or learn to play - feel free to contact Keith at Villa 12.

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### **PERSONS ARE GIFTS**

Persons are the gifts of God to me. They are already wrapped, some beautifully, and others less attractively. Some have been mishandled in the mail; others come by “Special Delivery”.

Some are loosely wrapped; others are very tightly enclosed. But the wrapping is not the gift, and this is an important realisation. It is so easy to make a mistake in this regard, to judge the contents by the cover.

Sometimes the gift is opened very easily, sometimes the help of others is needed. Maybe it is because they are afraid. Maybe they have been hurt again. It could be they were once opened and then discarded. They may now feel more like things than “Human Persons”.

God filled me with a goodness that is only mine. And yet sometimes I am afraid to look inside my wrapping. Maybe I am afraid I would be disappointed. Maybe I don't trust my own contents. Or it may be that I never accepted the gift that I am.

Every meeting and sharing of persons is an exchange of gifts.

My gift is me; your gift is you.

We are gifts to each other.

*(A reflection from the late Ann Hartstone)*

## **Notice from NZ Post**

### **Changes to Saturday Rural Delivery**

**Saturday rural delivery in the Tamahere area will end of 29 June 2024.** This means that NZ Post will no longer deliver parcels and newspapers to our address on Saturdays. This includes rural PO Box holders that currently receive newspapers and parcels on Saturdays. Note that this does not impact mail delivery because mail is not delivered currently on Saturdays.

**If you currently have a newspaper subscription where these are delivered to you on Saturdays, your newspaper publisher will contact you separately regarding the change.**

## **Our Rehabilitation Corner**

There are many good reasons for keeping your brain as active as your body.

Exercising, keeping your brain active, and maintaining creativity can actually help to prevent cognitive decline and memory problems. The more active and social you are and the more you use and sharpen your brain, the more benefits you will get. This is especially true if your career no longer challenges you or if you've retired from work altogether.

### **Challenge your brain.**

For some people, challenging your brain could involve playing new games or sports. Other people may enjoy puzzles or trying out new cooking recipes. Find something that you enjoy and challenge your brain by trying new variations or increasing how well you do an activity. If you like crosswords, move to a more challenging crossword series or try your hand at a new word game. If you like to cook, try a completely different type of food, or if you're a golfer, aim to lower your handicap.



### **Vary your habits.**

You don't have to work elaborate crosswords or puzzles to keep your memory sharp. Try to work in something new each day, whether it is taking a different route to work or the grocery store or brushing your teeth with a different hand. Varying your habits can help to create new pathways in the brain.

### **Take on a completely new subject.**

Taking on a new subject is a great way to continue to learn. Have you always wanted to learn a different language? Learn new computer skills? Learn to play the piano? There are many inexpensive classes at community centres that allow you to tackle new subjects.

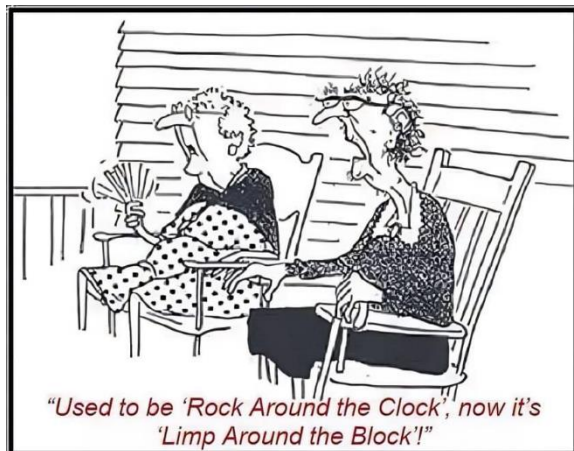
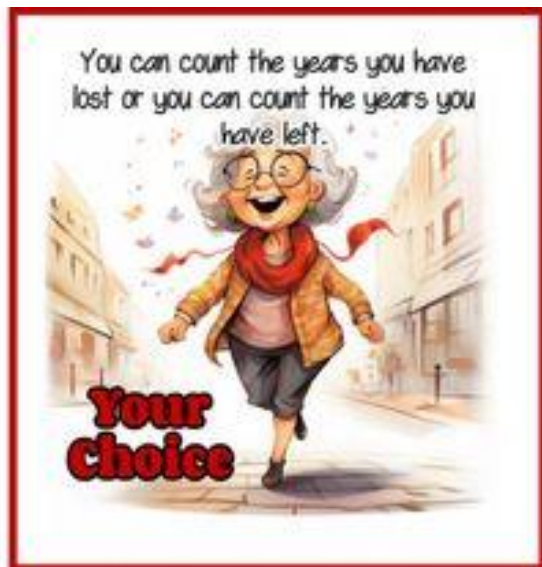
**Prepared by: Rosalyn Pelaez**  
**TEH Allied Health and Rehab Coordinator**  
Source: [www.helpguide.org](http://www.helpguide.org)

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**All residents receive a copy of the Vista each month. These can be on paper and delivered to your letter box or, in the interests of saving our planet (and the trees, and reducing waste etc) you might choose to have an electronic copy.**

**If you would prefer to receive your copy by email, please contact the Editor, at [christchurchclass@gmail.com](mailto:christchurchclass@gmail.com)**

## Our Chuckle Corner



A mobile phone rings in a locker room, a man answers it and puts it on speaker

Man: "Hello!"

Woman: "Hi honey, it's me. Are you at the club?"

Man: "Yes."

Woman: "I'm at the shopping centre and I just saw this beautiful leather coat and it's only \$2,000, can I have it?"

Man: "Sure!"

Woman: "Oh, and I just stopped by at the Lexus dealership and saw a car I really liked, can I have it?"

Man: "How much is it?"

Woman: "\$90,000."

Man: "Well if it's that much I want it with all the features."

Woman: "Of course I will! Oh yeah, one more thing. I just finished talking to Sarah, and the house I wanted is back on the market, they're asking \$1.880m for it."

Man: "Ok, make an offer for \$1.9m - if they don't take it, offer them an extra \$80,000 if that's what you really want."

Woman: "Thank you so much honey, love you, bye!"

Man: "Love you too, bye."

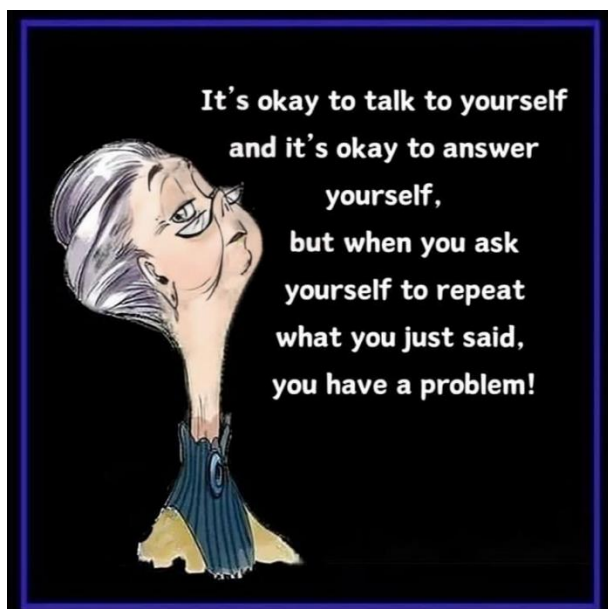
The man hung up, everyone in the locker room was staring at him in astonishment.

The man then calmly looked around and asked: "Anyone know whose phone this is?"

A policeman stopped a woman for exceeding the speed limit. He asked the driver her name.

She said: "I'm Mrs. Ladislav Abdulkhashim Zybkcicraznovskaya and I am visiting my daughter in Tallahassee."

The officer put away his summons book and pen, and said: "Well ... Okay, but don't let me catch you speeding again."



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## Puzzle Time

A New Zealand themed quiz this time! Good luck! *(The answers are page 7).*

1. What colour is mawhero?
2. Where is New Zealand's oldest church?
3. In which year was the Napier earthquake?
4. How many times have the Commonwealth Games been held in New Zealand?
5. What is the largest seabird in the world?
6. Which was the first University founded in New Zealand?
7. What is the South Island in Māori creation mythology?
8. What is the name of the firm which ran the first coach transport in the South Island, beginning in 1861?
9. Radio listeners knew this person as Aunt Daisy. What was her real name?
10. What plant did Hitler give Jack Lovelock at the Berlin Olympic Games in 1936, now planted at Timaru Boys High School?

## Tamahere Retirement Village – Calendar of Events – May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
cc = Small Lounge in Community Centre CC = Community Centre C = Wesley Chapel HDL = Harakeke Downstairs Lounge			1 9.15 Sit & be Fit/CC 10.30 New World 4.00 Tamahere Global Village/CC 7.00 Pool/CC	2 <b>PODIATRIST HERE</b> 9.00 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 2.30 Ukelele Group/ HDL	3 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	4
5 4.00 Worship in Wesley Chapel led by Rev. Dr Susan Thompson	6 9.15 Seated Exercises/CC 10.30 Card Making/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	7 9.00 Lawn Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	8 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	9 9.00 Lawn Bowls 10.30 VIG Meeting/HDL 1.30 Bingo/cc 3.00 Book Club /cc	10 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	11 11.0 Catholic Liturgy /C (Sue Kenrick)
12 4.00 Worship in Wesley Chapel led by Rev. Shelley Walker	13 9.15 Seated Exercises/CC 1pm Board Games, Pool/CC 7.00 Indoor Bowls	14 9.00 Lawn Bowls 10.30 Chartwell	15 9.15 Sit & be Fit/CC 10.30 New World 11.0 Holy Communion/C (Rev. Dr Susan Thompson) 7.00 Pool/CC	16 9.00 Lawn Bowls 10.30 VIG Coffee/CC 10.30 Dementia Support Group /cc 1.30 Bingo/cc 2.30 Ukelele Group/ HDL	17 (PINK SHIRT DAY) 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	18
19 4.00 Worship in Wesley Chapel led by Deacon Margaret Birtles	20 9.15 Seated Exercises/CC 10.30 Card Making/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	21 9.00 Lawn Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	22 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	23 9.00 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 2.30 Ukelele Group/ HDL	24 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	25 11.0 Catholic Liturgy /C (Lyn Fromont) 2.00 Mandarin Christian Youth Group /CC
26 4.00 Worship in Wesley Chapel led by Rev. Tau Lasi	27 9.15 Seated Exercises/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	28 9.00 Lawn Bowls 10.30 Van Outing	29 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	30 9.00 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 2.30 Ukelele Group/ HDL 3.30 Happy Hour/CC	31 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	